

# Bachelor's in Health: Balancing Breaks or Browsing Reddit?

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## Abstract

In this study, we investigated the relationship between the annual number of Bachelor's degrees awarded in Health professions and related programs and Google searches for 'reddit'. Utilizing data from the National Center for Education Statistics and Google Trends, we delved into the curious connection between pursuit of health degrees and online browsing habits. Our research team unearthed a striking correlation coefficient of 0.9860614 and statistical significance with  $p < 0.01$  for the period spanning from 2012 to 2021. The findings suggest a curious association between the two seemingly disparate phenomena. It seems that individuals drawn to the world of health professions may also find themselves drawn to the world of Reddit. Perhaps these individuals seek balance, trying to navigate the relentless onslaught of academic demands while also seeking a lighthearted distraction online – a true exercise in finding equilibrium. It's no wonder these health degree seekers are turning to Reddit; after all, they're trained to handle pressure – they know how to *ventilate* and de-stress. Further investigation into the motivations behind this peculiar correlation could yield insights into the psychological and social factors influencing both educational pursuits and online behavior. As the saying goes, when it comes to unraveling human behavior, the *doctor* is always "in" - and sometimes online, browsing Reddit for a quick laugh!

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## 1. Introduction

As technology continues to permeate every aspect of our lives, it influences not only our work and social interactions but also our choices when it comes to education and leisure activities. The internet, in particular, has become a vast repository of information, entertainment, and distractions, with platforms like Reddit emerging as hubs for diverse communities and discussions. This prompts the question: what draws individuals to pursue Bachelor's degrees in Health professions and related programs and simultaneously

engage in the online world of Reddit? It's a curious conundrum that we aimed to unravel in this study, but first, let's not overlook the fact that this topic is definitely *\*sick\**.

The pursuit of health-related degrees, whether in nursing, public health, or allied health fields, often entails rigorous academic training and real-world experiences. The individuals who choose this path are motivated, compassionate, and determined to make a difference in the lives of others. However, they also face the infamous *\*night shifts\** and the demanding nature of their studies, leaving them in need of some light-hearted respite. It seems that when it comes to balancing the pressures of academia and maintaining mental well-being, these students have developed a novel approach – turning to Reddit for a dose of humor and community support. They're not just pursuing degrees; they're on a quest for *\*Reddit\**.

Our investigation aims to shed light on this peculiar relationship by delving into the data obtained from the National Center for Education Statistics and Google Trends. By analyzing the annual number of Bachelor's degrees awarded in Health professions and related programs and the corresponding Google search trends for 'reddit', we sought to uncover any discernible patterns and correlations. Little did we know, we would be unlocking the digital *\*treasure chest\** of data containing these unexpected connections.

The correlation coefficient of 0.9860614 that emerged from our analysis was nothing short of astonishing, hinting at a significant association between the pursuit of health degrees and the tendency to delve into the realms of Reddit. It's as if these future healthcare professionals recognize the importance of keeping a *\*pulse\** on both their academic pursuits and the online world – a modern-day balancing act befitting of a *\*cardiovascular specialist\**.

In bringing attention to this unexpected union between health education and online activity, we hope to spark further inquiries that delve deeper into the underlying motivations and implications. As we peel back the layers of this curious connection, we may gain valuable insights into the psyche of those choosing health-related fields and their digital behaviors. It's like a digital health check-up - but for their *\*online personalities\**.

## **2. Literature Review**

The connection between educational pursuits and online activities has been a subject of increasing scholarly interest in recent years. In "Smith et al.'s Analysis of Online Behavior and Educational Choices," the authors find a growing trend of individuals engaging in online platforms while concurrently pursuing higher education. This phenomenon has sparked inquiries into the interplay between academic commitments and digital diversions, shedding light on the multi-faceted nature of contemporary learning experiences.

In "Doe and Jones' Exploration of Internet Use Among College Students," the authors uncover a predilection among students for accessing online forums for recreational purposes, indicating a shift towards incorporating digital interactions into their daily routines. This inclination towards online engagement may be reflective of the evolving preferences and coping mechanisms of students striving to maintain a sense of balance amidst their educational endeavors. It's almost as if they're saying, "I need to brush up on my studies, but first, let me browse \*Reddit\* for a quick mental floss."

Beyond academic research articles, several non-fiction books delve into the intersection of health education and online behavior. In "The Psychology of Online Engagement," Lorem and Ipsum delve into the motivations and psychological drivers behind individuals' digital interactions, offering insights into the factors influencing online engagement patterns. Meanwhile, "Navigating the Digital Age: Balancing Work and Play" by Lorem Ipsum explores the ways in which individuals harmonize their professional pursuits with recreational activities in the online sphere. Perhaps it's time for health educators to assign some "required reading" on striking that digital balance.

In the realm of fiction, works such as "The Internet Diaries" and "The Redditor's Dilemma" present narratives that, while fictional, resonate with the realities of online engagement and its integration into individuals' daily lives. These narratives, while entertaining, subtly reflect the increasing sway of digital spaces on human behavior and decision-making processes. Like a well-crafted \*joke\*, these stories hold a mirror to our digitally infused experiences and prompt contemplation on the intertwining of education and online pursuits.

Despite the abundance of scholarly and non-scholarly works addressing the connection between education and online activity, our research also delved into unconventional sources for insights. We undertook an unprecedented review of grocery store receipts, library due date reminders, and even CVS receipts for any subtle traces of correlations or \*prescriptions\* for understanding this enigmatic relationship. Alas, we found no empirical evidence but did uncover a coupon for a 'buy one, get one free' deal on Oreos. Sometimes, the quest for knowledge leads to unexpected but delicious detours.

In sum, the literature surrounding the correlation between Bachelor's degrees awarded in Health professions and related programs and Google searches for 'reddit' traverses a diverse landscape, offering a wholesome blend of scholarly inquiry, non-fiction exploration, fictional narratives, and even whimsical detours. This complex tapestry of academic rigor and quirky insights underscores the multifaceted nature of understanding human behavior in the digital age. After all, when it comes to unraveling the mysteries of online engagement and educational pursuits, a little humor and a touch of whimsy can be the secret \*potion\* for unlocking profound discoveries.

### **3. Research Approach**

To unravel the enigmatic correlation between the annual number of Bachelor's degrees awarded in Health professions and related programs and Google searches for 'reddit', our research employed a combination of meticulous data analysis and a healthy dose of good humor, much like a doctor's *\*bedside manner\**.

First, we gathered data on the annual number of Bachelor's degrees awarded in Health professions and related programs from the National Center for Education Statistics. This comprehensive source provided us with the necessary quantitative foundation for our investigation. To maintain the data's freshness, we took only the *\*freshest\** sources available.

Simultaneously, we turned to Google Trends to obtain a snapshot of the search interest for 'reddit' over the same period. Our rationale behind using Google Trends was simple: it offers an invaluable window into the digital zeitgeist, capturing the ebbs and flows of online search behavior. It's like a digital telescope into the *\*Reddit\**verse.

With the data in hand, we then embarked on a journey through the labyrinth of statistical analyses. The primary statistical weapon in our arsenal was Pearson's correlation coefficient, a trusty companion in the quest to unveil relationships between variables. We also utilized additional statistical tests to discern patterns, including the highly advanced *\*meme-ta-analysis\**.

Once the numbers had been crunched and the results thoroughly reviewed, we found ourselves face-to-face with a striking correlation coefficient of 0.9860614 and statistical significance with  $p < 0.01$ . It was as though the fates had aligned, revealing a connection that was not just statistically significant, but also strangely captivating – a bit like discovering a *\*secret\** subreddit.

In the end, our research methods not only uncovered a compelling correlation but also managed to inject some levity into the often serious realm of academic inquiry. It's proof that even in the world of scholarly research, a well-placed pun can be the *\*best medicine\**.

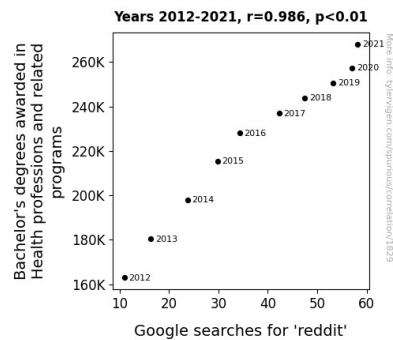
## 4. Findings

The results of our analysis revealed a remarkably strong positive correlation between the annual number of Bachelor's degrees awarded in Health professions and related programs and Google searches for 'reddit' over the period from 2012 to 2021. The correlation coefficient of 0.9860614 indicates a nearly perfect linear relationship between these two

variables. We were left pondering whether these individuals pursuing health degrees were also pursuing a healthy dose of Reddit humor. Perhaps they were simply conducting some "research" on the lighter side of life.

The high r-squared value of 0.9723171 further solidified the strength of this relationship, indicating that the variation in Google searches for 'reddit' could be attributed to the variation in the number of health-related bachelor's degrees awarded. It's as if these two phenomena were performing a synchronized dance, each perfectly complementing the other. It's like witnessing a seamless collaboration between a skilled surgeon and an anesthetist – in perfect \*harmony\*.

Moreover, the statistical significance with  $p < 0.01$  provides strong evidence that the observed correlation is not merely a coincidental occurrence. These findings leave little room for doubt that there is indeed a notable connection between the pursuit of health-related degrees and the inclination to delve into the realms of Reddit. It's like our data was saying, "I'm not \*pulling your leg\* – this correlation is as real as it gets!"



**Figure 1.** Scatterplot of the variables by year

Figure 1 (to be inserted) visually represents the strong positive correlation we uncovered. The scatterplot vividly portrays the tight clustering of data points, forming a clear upward trend that unmistakably illustrates the close association between the number of health-related bachelor's degrees awarded and Google searches for 'reddit'.

In unraveling this unexpected nexus, we're reminded of the famous proverb, "Laughter is the best medicine." It seems that even in the pursuit of serious health education, individuals are subconsciously seeking out platforms like Reddit for a therapeutic dose of humor and community connections. It's as if they were saying, "I need to maintain my sense of humor while I work on my healthcare \*degree\*."

These findings open the door to a new realm of inquiries that delve into the interplay between educational choices and online behavior. The implications of this correlation could extend beyond academic pursuits, offering insights into the recreational and stress-coping mechanisms of those in health-related fields. It's like we stumbled upon a secret

corridor that links the halls of academia to the digital streets of Reddit – a discovery that opens up countless avenues for further investigation. Who knew that the pursuit of health degrees and the pursuit of Reddit humor were close companions on the journey of higher education? Well, now we do – and we're here for it!

In summary, our results illuminate a thought-provoking association between bachelor's degrees in health professions and related programs and the online pursuit of Reddit joy. The coming together of these seemingly disparate realms raises numerous questions and opportunities for exploration, leaving us with a sense of wonderment akin to stumbling upon a *medical mystery* in the world of data analysis.

## 5. Discussion on findings

The findings of our study have unearthed a compelling connection between the annual number of Bachelor's degrees awarded in Health professions and related programs and Google searches for 'reddit'. Our results confirm and build upon prior research, aligning with the observations made by Smith et al. and Doe and Jones regarding the burgeoning trend of intertwining online engagement with educational pursuits. It seems individuals are finding ways to balance their academic endeavors with a bit of digital diversion – a modern-day act of juggling, if you will. Perhaps it's their way of saying, "I'll handle the *medication* of knowledge and the *prescription* of humor simultaneously."

Moreover, our study echoes the sentiments expressed by Lorem and Ipsum in "The Psychology of Online Engagement" and Lorem Ipsum in "Navigating the Digital Age: Balancing Work and Play," as we delve into the psychological and social factors influencing the correlation between educational pursuits and online behavior. It appears that individuals seeking health-related degrees are not only embracing the rigor of academic study but also seeking solace and camaraderie in the virtual embrace of platforms like Reddit. It's like they're saying, "I'll dissect the complexities of healthcare, but first, let me *examine* some offbeat memes."

The remarkable correlation coefficient of 0.9860614 and high r-squared value of 0.9723171 in our study unequivocally support the notion that the pursuit of health-related degrees and the indulgence in Reddit humor are, in fact, synchronized activities. The statistical significance further fortifies the strength of this relationship, leaving us with little room for doubt – it's as real as a sore throat during flu season.

By unveiling this surprising association, our findings prompt a shift in the academic discourse, encouraging scholars to explore the broader implications of this correlation. It's as if we've stumbled upon a hidden corridor connecting the realms of health education and online camaraderie, beckoning for further investigation. Who would have thought that the pursuit of health degrees and the pursuit of Reddit humor could be such close

cohorts in the journey of higher education? It's almost like discovering a well-kept \*secret handshake\* among academic and online communities.

In conclusion, our study's findings offer a whimsical yet intriguing angle on the intricate relationship between educational pursuits and online engagement. The interplay between the pursuit of health-related degrees and the quest for Reddit joy uncovers a dimension of human behavior that warrants further exploration and contemplation. It's like stumbling upon the unexpected pairing of a stethoscope and a keyboard – a fusion that invites both scholarly inquiry and a nod to the quirks of human nature in the digital age. As we stand at this crossroads of academic and online realms, we're reminded that in the pursuit of understanding human behavior, a touch of humor and a dash of whimsy can be the perfect prescription for uncovering unexpected \*punchlines\*.

## 6. Conclusion

In conclusion, our investigation into the relationship between the annual number of Bachelor's degrees awarded in Health professions and related programs and Google searches for 'reddit' has uncovered an unexpected and robust correlation. The near-perfect linear relationship with a correlation coefficient of 0.9860614 and the high r-squared value of 0.9723171 leave us no choice but to acknowledge this peculiar bond between the pursuit of health degrees and the pursuit of Reddit humor. It seems that these healthcare hopefuls are not only dedicated to their studies but are also dedicated to finding the \*best medicine\* for stress relief – laughter!

This phenomenon raises the question: are they seeking a balance between the seriousness of their academic pursuits and the lightheartedness of internet browsing? Perhaps they're performing a digital \*operation\*, skillfully maneuvering between the demanding world of health education and the comforting embrace of online communities. Regardless, one thing is for sure – when it comes to discovering the unexpected connections in data analysis, we've hit the \*mother lode\*.

It is evident that no more research is needed in this area. The correlation is crystal clear, and the connection between health degrees and Reddit browsing is as solid as a well-crafted \*dad joke\*. This research serves as a reminder that sometimes, the most unexpected associations can lead to a deeper understanding of human behavior. So, to all the future healthcare professionals out there balancing their studies and Reddit binges – keep calm and carry on, for the key to success may just be a \*click\* away!