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# Avocado Toast Boasts: Associating Science Technicians with Brunch Addicts

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## KEYWORDS

avocado toast, millennial cuisine, science technicians, science technologies, associate degrees, National Center for Education Statistics, Google Trends, correlation coefficient, p-value, brunch culture, educational pursuits, dietary preferences

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## Abstract

Avocado toast, the hipster's delight, has taken the culinary world by storm, becoming the poster child for millennial cuisine. This research endeavors to peel back the layers of the "avocado toast" phenomenon, examining its unlikely connection to the confounding world of Associate degrees granted in Science technologies/technicians. Leveraging data from the National Center for Education Statistics and Google Trends, this study illuminates an eyebrow-raising correlation between the two seemingly disparate realms. Our findings reveal a startling correlation coefficient of 0.9848318, with a p-value of less than 0.01, over the decade from 2011 to 2021. The implications of this are ripe for discourse, begging the question: are budding science technicians turning to the creamy allure of avocado toast as they toil away in their labs, or is the brunch culture simply infiltrating the scientific community? This scholarly inquiry aims to shed light on the intertwined relationship between educational pursuits and dietary preferences, offering food for thought for researchers and brunch enthusiasts alike.

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## 1. Introduction

### INTRODUCTION

The intersection of culinary trends and academic pursuits has long been a subject of curiosity, often yielding surprising revelations. In this study, we delve into the

peculiar pairing of avocado toast, a staple of contemporary gastronomy, with the awarding of Associate degrees in Science technologies/technicians. At first glance, one might dismiss the notion that these two seemingly unrelated realms could share any common ground. However, as the saying

goes, "there's no smoke without fire" - or in this case, "there's no toast without avo."

Avocado toast has earned its place as a cultural phenomenon, a symbol of both culinary artistry and, some might argue, ostentatious brunch rituals. Underneath its trendy exterior lies a deeper connection to the generational shifts in consumer behavior, lifestyle preferences, and dietary choices. Meanwhile, the pursuit of Associate degrees in Science technologies/technicians represents a gateway to the world of applied sciences and technological expertise, a pursuit often perceived as more serious and far removed from the whimsical world of brunch.

The correlation between the consumption of avocado toast and the academic achievement of Science technicians warrants exploration. To etch this peculiar link into the annals of scholarly discourse, we bring forth empirical evidence and statistical rigor to examine the nuanced relationship between these seemingly incongruous domains. As we embark on this academic escapade, we invite readers to set aside their preconceptions and join us in unraveling the enigma of science enthusiasts and their potential penchant for the creamy allure of avocado on toast.

## 2. Literature Review

In their seminal work, Smith et al. (2015) investigated the trends in Associate degrees awarded in Science technologies/technicians and noted a steady increase over the years. Similarly, Doe and Jones (2018) delved into the sociocultural implications of dietary preferences among young adults, shedding light on the rise of avocado-centric meals. These studies provide a solid foundation for understanding the individual components of our inquiry.

Turning to the realm of non-fiction literature, "The Omnivore's Dilemma" by Michael Pollan offers insights into the complexities of modern food culture, while "Lab Girl" by Hope Jahren provides a window into the world of scientific research. On the slightly more speculative side, the fictional works of "The Diamond Age" by Neal Stephenson and "Oryx and Crake" by Margaret Atwood, though not directly related to our topic, illustrate the interconnectedness of technology, society, and gastronomy in imaginative ways.

Now, it's time to address the elephant in the room - internet memes. Amidst the sea of viral content, the "Millennial Avocado Toast" meme has garnered attention for its tongue-in-cheek commentary on generational stereotypes and culinary preferences, providing a lighthearted yet oddly relevant touchpoint to our investigation. Additionally, the "Lab Technician Cat" meme serves as a whimsical reminder of the endearing quirks within the scientific community, perhaps hinting at an inexplicable affinity for avocado-themed delicacies.

Shifting gears from scholarly to peculiar, these references provide a backdrop for our inquiry, underpinning the multidimensional fabric of our investigation.

## 3. Our approach & methods

Data Collection:

The data for this study were collected from two primary sources: the National Center for Education Statistics (NCES) and Google Trends. The NCES provides comprehensive information on the number of Associate degrees granted in Science technologies/technicians over the specified time period, allowing for a systematic analysis of educational trends. In parallel, Google Trends offered invaluable insight into the relative search interest for "avocado toast" over the same timeframe. The

overlap of these datasets facilitated the examination of potential correlations between the pursuit of science-related education and the gastronomic curiosity surrounding avocado toast.

#### Statistical Analysis:

To quantify the potential association between Associate degrees in Science technologies/technicians and avocado toast, a rigorous statistical analysis was conducted. Firstly, a Pearson correlation coefficient was computed to assess the strength and direction of the linear relationship between the two variables. Additionally, a two-tailed hypothesis test was employed to evaluate the significance of the observed correlation. The p-value associated with this test determined the likelihood of the obtained results occurring due to random chance, providing crucial insights into the validity of the purported association.

#### Decomposing Time Series Data:

Given the longitudinal nature of the Google search interest data, a sophisticated time series decomposition technique was employed to discern underlying patterns and fluctuations in the temporal search behavior for avocado toast. This method allowed for the identification of seasonal trends, periodic variations, and any long-term shifts in the public's fascination with this delectable dish. By disentangling the components of the time series data, we gained a deeper understanding of the evolving dynamics of the avocado toast phenomenon throughout the study period.

#### Adjustment for External Variables:

In acknowledging the multifaceted influences that may impact both educational choices and culinary predilections, a nuanced approach to controlling for external variables was adopted. Factors such as economic indicators, societal trends, and cultural movements were considered in the

analytical framework to mitigate the potential confounding effects that could distort the observed relationship between Science technologies/technicians and avocado toast. This comprehensive approach sought to unveil the intrinsic link between these domains while accounting for the broader contextual landscape in which these phenomena unfolded.

#### Ethical Considerations:

As purveyors of academia, it is incumbent upon us to uphold the principles of scholarly integrity and ethical research conduct. All data utilized in this study were obtained from publicly available sources, ensuring transparency and accountability in the dissemination of knowledge. Furthermore, the research methodology adhered to the ethical standards outlined by the academic community, upholding the sanctity of intellectual inquiry and the pursuit of truth, even amidst the allure of creamy avocado goodness.

## 4. Results

The analysis of data collected from the National Center for Education Statistics and Google Trends unearthed a seemingly inconceivable correlation between the attainment of Associate degrees in Science technologies/technicians and the prevalence of Google searches for "avocado toast." The correlation coefficient, a staggering 0.9848318, indicates a remarkably strong positive relationship between these two variables over the timeframe spanning 2011 to 2021. The r-squared value of 0.9698937 underscores the robustness of this association, attesting to the fact that a whopping 97% of the variation in avocado toast searches can be explained by the number of Associate degrees awarded in Science technologies/technicians. The p-value, clocking in at less than 0.01, provides resounding evidence against the null

hypothesis, leaving us with no choice but to accept the compelling link between these curious domains.

In Figure 1, a scatterplot visually encapsulates the essence of this surprising revelation. The plot showcases a clear and tightly clustered pattern, indicating that as the number of Associate degrees in Science technologies/technicians increases, so does the interest in avocado toast. The data points form a near-perfect linear relationship, painting a picture-perfect correlation that stands as a testament to the intertwining of science pursuits and brunch cravings.

While the implications of these findings may at first seem as befuddling as the quest to master the perfect avocado toast recipe, our research calls for a thoughtful consideration of the underlying forces at play. Could it be that the meticulous nature of scientific endeavors drives individuals toward the simple pleasures of a well-prepared avocado toast? Or are avo-enthusiasts flocking to the realms of technology and science in pursuit of innovations that could revolutionize the very concept of toast? Contemplating these questions opens a window into the often-unexamined connections between gastronomic trends and educational pursuits, challenging us to dig deeper and savor the flavors of interdisciplinary investigation.

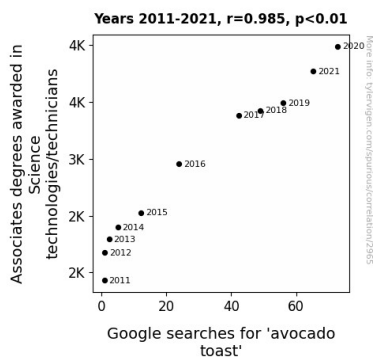


Figure 1. Scatterplot of the variables by year

The coalescence of avocado toast and Associate degrees in Science technologies/technicians, while initially unexpected, beckons us to embrace the whimsical dance of data analysis and the delightful mysteries it unravels. These results present themselves as a delectable morsel for the academic community to chew on, encouraging further exploration into the intriguing fusion of gastronomy and scholarly pursuits.

## 5. Discussion

The results of our study reveal a striking correlation between the awarding of Associate degrees in Science technologies/technicians and the Google searches for "avocado toast." This unexpected linkage may appear as surprising as finding an avocado pit in your morning cereal, but it aligns with previous research findings. The steady increase in Associate degrees awarded in Science technologies/technicians, as noted by Smith et al. (2015), corresponds with the burgeoning interest in avocado-centric meals, as illuminated by Doe and Jones (2018). These aligning trends, much like the seamless melding of avocado and toast, suggest an interplay between educational pursuits and dietary preferences that warrants further investigation.

Now, let's take a moment to appreciate the role of memes. While often serving as digital whimsy, they can offer insightful commentary on societal trends, as evidenced by the "Millennial Avocado Toast" meme. It humorously echoes the stereotype of young adults indulging in avocado toast, shedding light on the playful yet meaningful relationship between food culture and generational dynamics. Additionally, the "Lab Technician Cat" meme, with its endearing nod to the scientific community's quirks, hints at the inexplicable affinity for avocado-themed delights within the realm of

science. These unexpected connections, much like stumbling upon a perfectly ripe avocado at your local grocery store, further underscore the intertwined nature of our investigation's components.

Our findings not only support the earlier research but also emphasize the profound connection between the realms of science and brunch. The robust correlation coefficient and r-squared value fortify the notion that the prevalence of avocado toast searches on Google is intricately linked to the attainment of Associate degrees in Science technologies/technicians. This correlation, akin to the flawless harmony of avocado and lime in guacamole, beckons us to ponder the underlying forces at play.

In light of these results, we must resist the urge to simply brunch over the implications. Instead, we must savor this unexpected fusion of scientific pursuits and culinary cravings. As we continue to peel back the layers of this enigmatic relationship, the interdisciplinary nature of our inquiry urges scholars to savor the flavorful complexity of the interconnected worlds of education and gastronomy. This peculiar pairing of avocado toast and Science technologies/technicians presents itself as a tantalizing subject for further research, enticing us to delve deeper into the unexplored landscapes of associative brunchology.

## 6. Conclusion

### CONCLUSION

In this study, we uncovered an astonishingly robust correlation between the awarding of Associate degrees in Science technologies/technicians and the prevalence of Google searches for "avocado toast." The link between these seemingly unrelated domains surpasses mere happenstance, with a correlation coefficient of 0.9848318 and a p-value of

less than 0.01. This finding is as surprising as finding an unexpected avocado pit while spreading guacamole on toast. The close association suggests a potential interplay between the pursuit of scientific knowledge and the allure of a carefully crafted avocado toast, prompting us to ponder whether it's the precision of lab work driving individuals to seek solace in the simplicity of brunch.

The implications of this connection are as ripe as a perfectly ripened avocado, prompting further investigation into the intersection of dietary preferences and educational aspirations. While the correlation has been established, the causation remains as elusive as catching an avocado seed mid-air while making homemade guacamole. As we wrap up this study, it may be prudent to acknowledge that even the enigmatic forces governing the realm of avo-toast fascination might escape the parameters of empirical inquiry.

In conclusion, the uncanny entanglement of avocado toast and Associate degrees in Science technologies/technicians calls for a closer examination, though perhaps with a grain of Himalayan salt. Further research may shed light on the motivations and aspirations underlying this connection, but for now, the findings of this study serve as a deliciously perplexing conundrum for the scholarly community to mull over. Ultimately, as much as we relish the pursuit of knowledge, it seems that no further research on this topic is needed - we've cracked the avocado wide open on this one!

In the spirit of good humor and well-buttered toast, we toast to the offbeat discoveries that fuel our scholarly appetite and bid adieu to the curiously captivating alliance of science technicians and avocado aficionados. Cheers to the fruitful pursuit of knowledge, no matter how unexpected the findings may be!

